

**HAPPY
MOVE-IN DAY!**

**WELCOME TO
GRENFELL!**

GRENFELL
CAMPUS

MEMORIAL
UNIVERSITY

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MOVE -IN DATES

SUNDAY, SEPTEMBER 1
MONDAY, SEPTEMBER 2
10AM-7PM

WELCOME HOME

Moving into residence is an exciting and important day.

We want you to be prepared so that you have a great experience at Grenfell Campus. This document is intended to guide you through the process!

Student Housing Move-In at Grenfell Campus will take place on Sunday, September 1 and Monday, September 2, 2024 from 10am to 7pm.

Questions about the information in this booklet may be directed to gchousing@mun.ca.

BEFORE YOUR ARRIVAL

- Plan ahead - make sure you pack everything. Please see page 3 for a packing list of what to bring.
- Connect with your roommate to determine if there are items you want to share

ON MOVE IN DAY

Although we are here to guide and support you with your move, you are responsible for moving your belongings into Student Housing.

There are a limited number of carts available to help move your belongings. If you use one, please be courteous and return as soon as you are finished.

Once you arrive on campus, our staff are available to guide your to your building and unloading area. Please be sure to move your car to a parking lot as quickly as possible so that we can accommodate others in the queue.

Moving into Student Housing is a physically demanding process. Elevators are not available in all areas and stairs may be required. Large and heavy items will need to be moved by you. Consider packing in a way that makes items light and easy to carry when possible

MOVE IN TIP

Label all boxes or packing containers with your name and room number



WHAT TO BRING

CLOTHING

- o Clothing for all weather
- o Shoes/boots
- o Sleepwear
- o Clothing Hangers

PERSONAL AND BATH

- o Toothbrush and paste
- o Hair and body toiletries
- o Hairdryer (optional)
- o Shower curtain
- o Towels
- o Prescription medication
- o Hand soap and sanitizer
- o Toilet paper

ROOM

- o Desk lamp
- o Small Fan
- o Headphones and earplugs
- o CSA approved power bar
- o Room décor
- o Poster putty or 3M products
- o Storage bins
- o Alarm clock

MISCELLANEOUS

- o Photo ID
- o Content insurance
- o Groceries and snacks
- o Pots/pans/dishes and utensils
- o Waste basket
- o Small appliances (chalets only)
- o Microwave (chalets only)

BEDDING

- o Twin size sheets
- o Bed linens
- o Pillows
- o Mattress pad/cover (optional)

LAUNDRY AND CLEANING

- o Loonies for laundry
- o Laundry basket
- o Detergent and dryer sheets
- o Toilet brush and cleaner
- o Clear and blue trash bags
- o Cleaning products
- o Disinfectant wipes
- o Broom, and mop

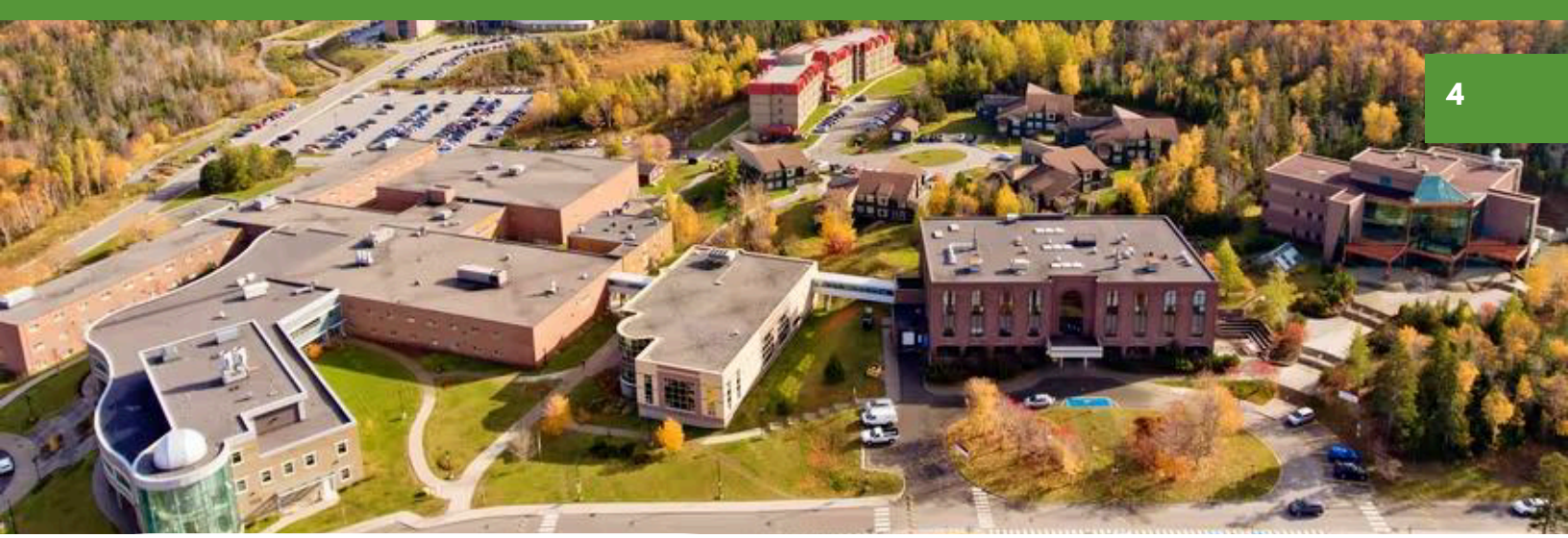
SCHOOL SUPPLIES

- o Backpack
- o Laptop or tablet
- o Electronic charging cables
- o Notebooks and paper
- o Pens and pencils
- o Important documents

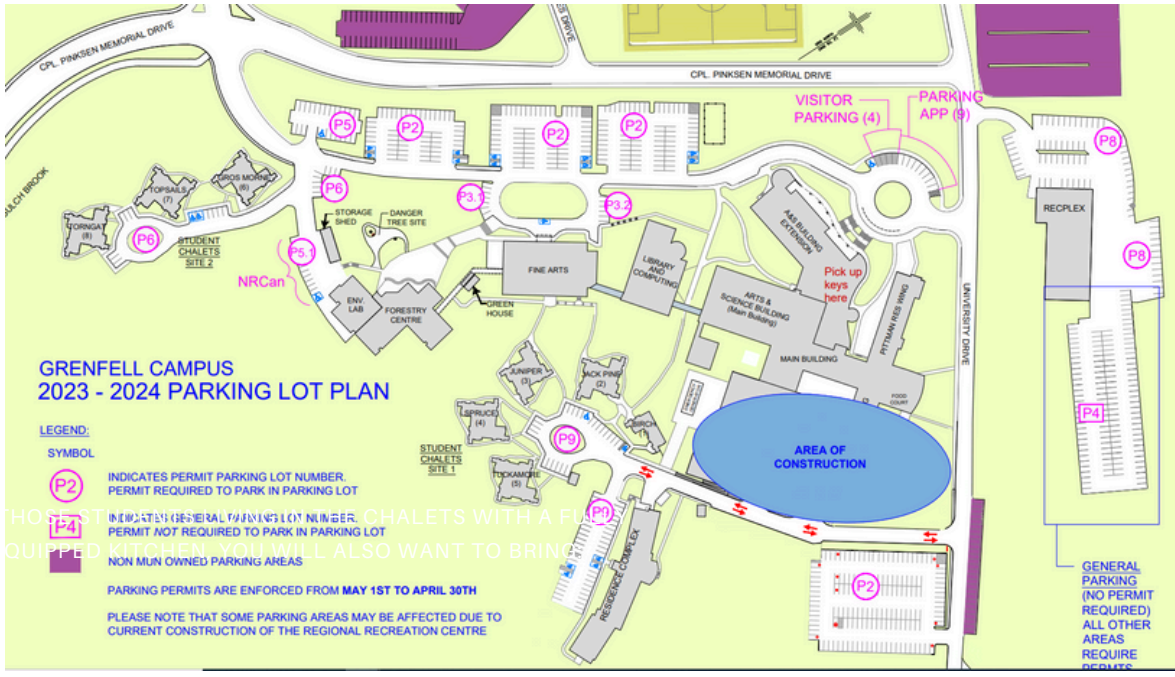
PLEASE DO NOT BRING

- o MINI FRIDGE
- o CANDLES OR INCENSE
- o EXTENSION CORDS
- o LARGE FURNITURE
- o LED LIGHT STRIPS
- o WIRELESS ROUTERS
- o PETS
- o WALL MIRROR*
- o CURTAINS/BLINDS*
- *ALREADY SUPPLIED





FINDING YOUR WAY ON CAMPUS



Room keys can be picked up in the Arts & Science Atrium

PARKING ON CAMPUS

After you have unloaded all of your belongings, it's time to make room for the next vehicle. Please park in one of our designated parking lots.

- Move-In day parking is available in the following parking lots:
- P2 - Arts & Science Residence & Residence Complex & Chalets
- P9 - Residence Complex and Chalet apartments 1-5
- P6 - Chalets apartments 6-8



SETTLING IN

Your first week in Student Housing is an exciting opportunity to meet new people, navigate campus, and settle into your room.

Once classes begin, your life in housing should start to settle into a normal routine of classes, meals, social activities, and more. By this time, you will have decorated and personalized your room to your individual style and developed new friendships within your community.

ORIENTATION WEEK

Orientation week consists of a week of learning about yourself, your community, and the university itself.

Learn more about Orientation week by visiting:

[GRENFELL.MUN.CA/CURRENT-STUDENTS/PAGES/FIRST-YEAR/ORIENTATION.ASPX](https://grenfell.mun.ca/current-students/pages/first-year/orientation.aspx)

**FOLLOW THE ORIENTATION INSTAGRAM:
@GRENFELL_INCOMING_STUDENTS2024**

No matter which building you live in, there are kitchen facilities available to you.

If you live in one of our residences, you have access to a lounge area on your floor. Lounges are equipped with stoves/ovens, microwaves, toasters, freezers, tables/chairs, and cupboard space.

If you live in a chalet apartment, you have your own fully equipped kitchen to prepare meals (microwave, toaster and kettle, and other small appliances are not included).

THE GROVE

If cooking isn't your thing, you can dine at our campus dining hall. The Grove is located in the lower level of the Arts and Science Building. The Grove is a great place to grab a bite, catch up on some course work, or just hang out and socialize with classmates.

Optional meal plans are available for purchase by all students living on and off-campus. The Grove offers a diverse menu with healthy meal choices including vegetarian, vegan, and gluten-free options, as well as take-away meals and convenience items. You can purchase an optional meal plan online or in person at The Grove. The selected amount will be applied directly to your Grenfell Campus identification card. Visit <https://www.campusgrove.ca> for more information.



Grenfell Campus Student Union
CANADIAN FEDERATION OF STUDENTS LOCAL 36

DO
YOU
HAVE



YOUR
MEAL
PLAN?

WE ARE HERE TO HELP

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We are here to help you adjust to your new life as a university student. You are never alone-- many students think they are the only ones who feel homesick or anxious. We have residence life staff who are trained to make your residence experience a positive one!

I'M FEELING OVERWHELMED...

Talk about your feelings with your RA, who can direct you to campus resources.

I'M NOT GETTING ALONG WITH MY ROOMMATE...

Talk to your RA, who can initiate mediation or a roommate agreement, or advise on further steps.

I'M FEELING SICK...

Visit the Health Services clinic, located in the Arts & Science building, or visit the out patients clinic at Western Memorial Regional Hospital.

I HAVEN'T MET ANY FRIENDS...

Get out of your room and get involved! There are so many campus activities, clubs, societies, and volunteer opportunities. Keep an eye on the housing weekly updates and daily Messenger on Grenfell email.

I'M NOT SLEEPING....

If noise is the issue, call the RA duty cell phone or Campus Enforcement after hours. If anxiety, stress, or homesickness is the root of the problem, visit counselling services in the Health Services clinic in the Arts & Science building.

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COMMUNITY LIVING STANDARDS

Student Housing's community living standards were developed with one goal in mind: For all students to enjoy their right to security, personal well-being, and the pursuit of academic success while living in Student Housing. Living in Student Housing requires that we all agree and adhere to the Community Living standards.

Learn more about Student Housing's community standards by visiting:

[HTTPS://GRENFELL.MUN.CA/CURRENT-STUDENTS/DOCUMENTS/HOUSING%20AND%20RESIDENCE/STUDENT-HOUSING-REGULATIONS-BOOKLET-2014-2015.PDF](https://grenfell.mun.ca/current-students/documents/housing%20and%20residence/student-housing-regulations-booklet-2014-2015.pdf)

ROOMMATES

Living with a roommate can be an exciting experience! Open and honest communication about how you want to live together and share your space is essential. However, we know sometimes things just don't work. After moving in, if you experience conflict with your roommate...

- Talk to your RA about your concern
- Create a roommate agreement
- Try to work towards a compromise
- Your RA may refer you to speak with Student Housing office staff for additional assistance.

Please note: Room transfers are unavailable prior to check in but will become available two weeks after move in week. Transfers are based on availability.



STUDENT HOUSING SERVICES

The following services are available while living in Student Housing:

RA/CA DUTY KIOSK

Located in the main entrance of the Residence Complex. Open every day from 7pm-11pm. Visit for information on housing, report an incident, lock-outs, etc.

STUDENT HOUSING OFFICE

Located in the Arts & Science Residence towards the Pittman wing - Res 221. Open weekdays from 8:30am-4:30pm. Visit for information on housing, parcel pick up, lost keys, and so much more.

MAINTENANCE ISSUES

Report maintenance issues online via the StarRez Portal, to the Student Housing office, or to Campus Enforcement and Patrol (after hours).

CONNECT WITH US:

Email: gchousing@mun.ca

Phone: 709 637 6266

Website: www.grenfell.mun.ca/current-students/Pages/housing.aspx

Facebook: Grenfell Campus Student Housing

